



JICA Knowledge Co-Creation Program for Long Term Participants (JICA Development Studies Program)

**General Information for Pakistan
on**

Universal Health Coverage (UHC) Program

**Institute of Science Tokyo,
Graduate School of Medical and Dental Sciences,
Health Sciences and Biomedical Engineering Track,
Master of Public Health in Global Health (MPH) Course**

Enrollment April 2027

**ユニバーサル・ヘルス・カバレッジ (UHC)
東京科学大学 大学院 医歯学総合研究科
公衆衛生学修士 (グローバルヘルスコース) (2027年4月入学)**

This handout provides an overview of the “Universal Health Coverage (UHC)” program/course, which is one of Japan International Cooperation Agency (JICA)’s Knowledge Co-Creation Program (Long-Term). The program will be implemented as part of the Official Development Assistance of the Government of Japan based on bilateral agreement between respective governments.

The objective of the Knowledge Co-Creation Program (Long-Term) is to offer opportunities to people from partner countries to study at higher educational institutions in Japan and to help them build their network of people. This is intended to assist in the human resource development plans of the governments of partner countries and Japan, and eventually to expand and strengthen bilateral ties between the partner countries and Japan.

With regard to additional information, please contact JICA Pakistan office.

Background

What is JICA Knowledge Co-Creation Program (KCCP)

The Japanese Cabinet revised the Development Cooperation Charter in June 2023, which stated, "In its development cooperation, Japan has maintained the spirit of jointly creating things that suit partner countries while respecting ownership, intentions and intrinsic characteristics of the country concerned based on a field-oriented approach through dialogue and collaboration. It has also maintained the approach of building reciprocal relationships with developing countries in which both sides learn from each other and grow and develop together." JICA believes that this 'Knowledge Co-Creation Program' will serve as a foundation of mutual learning process.

What is JICA Development Studies Program (JICA-DSP)

Japan is the very first country and still is one of the very few countries that has modernized from a non-Western background to establish a free, democratic, prosperous, and peace-loving nation based on the rule of law, without losing much of its tradition and identity. With such belief, JICA invites future leaders from partner countries to Japan under KCCP, and offers them opportunity to learn about Japan's unique modernization and development experiences. This special program is called, JICA Development Studies Program (JICA-DSP).

JICA-DSP is provided to all participants of KCCP during their stay in Japan. JICA will offer participants various opportunities through which they can learn about Japan's modernization and development experiences.

<https://www.jica.go.jp/english/activities/schemes/dsp-chair/index.html>

1. Overview

Since 1954, JICA has provided training programs as part of technical cooperation in various fields. In order to further strengthen networks between the target countries in respective fields and to foster young and mid-career bureaucrats, academicians and leading human resources who are capable of influencing policy making processes or contributing to socioeconomic development in their countries, JICA has established the JICA Development Studies Program (JICA-DSP).

The program, “Universal Health Coverage (UHC),” was established in Japanese Fiscal Year (JFY) 2020 under the framework of JICA-DSP.

Participants of the UHC program will enroll in Master's/Ph.D. courses related to UHC and have the chance to learn from Japanese developmental experiences through a special curriculum offered by the JICA-DSP.

2. Objectives

- (1) To strengthen the health policy formulation and the implementation and service provision capacity in the Government or academic/health institutions and other relevant organizations to contribute to attain UHC in respective partner countries.
- (2) To build and strengthen strategic partnership between partner countries and Japan.

3. Course Outline

This General Information outlines the Master's course offered by the Public Health in Global Health (MPH) Course of Institute of Science Tokyo (hereinafter referred to as 'IST').

For details, please visit:

[Master of Public Health in Global Health \(MPH\) Course | Institute of Science Tokyo\(Science Tokyo\)](#)

In addition to curriculums, activities such as short-term programs (e.g. Understanding the Japanese Development Experience¹) will be planned in order to enrich the participants' academic and personal experience of their courses of studies at the universities.

4. Duration

2 years for Master's course.

¹ As part of JICA-DSP, this program is co-organized by GRIPS, IUJ and JICA for JICA Knowledge Co-Creation Program for Long Term Participants. The program offers participants with opportunities to gain a deep understanding of the Japanese development experience, and to draw lessons and gain insights that will support their development work at their home countries and internationally.

5. Number of Participants

One (1) participant from **Pakistan**

6. Language to be used in this Program

English

7. Eligibility

Candidates must satisfy the following requirements:

- (1) **Current Duties:** young or mid-career government officials, prospective academics, or personnel from private institutions who are expected to contribute policy formulation or its implementation for tackling sustainable developmental issues related to UHC.

※In principle, candidates without affiliations are not eligible for acceptance

- (2) **Nationality:** citizen of the Pakistan eligible for Japan's ODA

- (3) **Age:**

For Master's programs: In principle, forty (40) years of age or younger (as of April 1st, 2027, the year of admission).

*However, under certain circumstances, candidates over the age mentioned above may be accepted. Please contact our JICA office for more information.

- (4) **Educational Background:**

For Master's programs: A holder of a bachelor's or a higher degree

- (5) **English Proficiency:**

Adequate English skills both in written and oral communication to complete Master's courses with skills equivalent or exceeding the followings;

TOEFL iBT: 80

IELTS: 6.5

- (6) **Physical Presence:** must physically come to Japan to carry out research activities to complete this program.

- (7) **Gender Equality and Women's Empowerment:** JICA seeks more female candidates due to the past records of fewer applications from women. JICA is committed to promoting gender equality and women's empowerment and provides equal opportunities for all candidates regardless of their sexual orientation or gender identity.

- (8) **Others:** must not be receiving nor plan to receive other scholarships from Japanese government, such as Japan Student Service Organization (JASSO), Japan Society for the Promotion of Science (JSPS), Japan Science and Technology Agency (JST), The Japan Foundation (JF) during the program.

8. Admissions

Candidates must be selected as *JICA's official candidate* through JICA's internal selection procedure and must pass the general entrance examination² of IST, including examinations to enter the candidates' desired course of study.

9. Application Guidelines

Candidates must apply through the procedures as described below, which are necessary requirements by both candidate's government and the Government of Japan for the Official Development Assistance.

(1) Procedures and Required Documents for Application:

Each candidate is required to submit the "Application Documents" listed in (2) below to JICA overseas office in charge of the candidate's country **by the end of September-2026**. Please note that submitted documents will not be returned.

If candidates have any questions, they should first contact the relevant JICA overseas office. Unless explicitly instructed otherwise by the university, candidates must refrain from contacting IST directly.

(2) Application Documents:

Note:

- *In addition to the application documents required by the university, a separate application to JICA as outlined below is also necessary. Please refer to the attached **Appendix 2** for an overview of all application documents.*

- 1) Application Form for the Knowledge Co-Creation Program for Long-Term Participants (JICA Development Studies Program), **Appendix 1**
- 2) Graduation certificate
 - * Officially certified copies of the original
 - * Written in English or accompanied with official translation
- 3) Academic transcript
 - * Must contain all the grades earned at the university attended by the candidate
 - * Officially certified copies of the original transcript
 - * Written in English or accompanied with official translation in English
- 4) Photocopy of certificate of English Test
 - * Please note that although JICA accepts photocopies, IST requires the original certificate to be sent by postal mail. As such, the submission method may differ between JICA and the university. Therefore, candidates are strongly advised to carefully check the university's official website for detailed application instructions.

² The results of JICA's screening procedure and University's general entrance examination will not accept any inquiry.

- 5) A copy of Passport or ID with photo (for checking nationality, name, sex, and date of birth)
- 6) Two (2) ID photos (4cm × 3cm) pasted on application form (Original and copy)
- 7) Health certificate: Health certificate: must be submitted with Medical History in JICA format to JICA office of your country at the applicants' expense, no later than October 31 2026. The date of Health Certificate should be on or after October 1 2026. Without the certificate, admission may become rejected. JICA will NOT reimburse the cost to the applicants.
*If you have any difficulties/disabilities which require assistance, please specify necessary assistances in the Medical History(1-(c)) in order for JICA to prepare better logistics or alternatives.

The following documents are required for submission to IST .

Important Notification :

- 1) As application documents for IST are different from documents for JICA, please check **Appendix 2** and the institution's website carefully and follow the detailed instructions for submission documents and application procedures:

Admissions | Master of Public Health in Global Health (MPH) Course

Some documents should be originals, and copies will NOT be accepted. Please kindly check the instructions cautiously.

- 2) Regarding the entrance exam fee written in the institution's guidelines, candidates do not need to pay it because JICA will pay it.
Each candidate will apply online after being selected for the long-term training program. On the online application webpage, a question will appear asking, "Will you apply using the JICA Long-term Trainee Knowledge Co-Creation Program?" Please select "Yes." This will allow the candidate to complete the application without paying the examination fee.
- 3) After the online application, the application documents must be submitted and arrive at IST during the document submission period. JICA HQ sends the documents to IST. Therefore, JICA overseas office collects the documents from candidates and sends them to HQ so that the documents reach HQ at least two days before the submission deadline.

(3) Procedures in General:

Candidates are nominated and endorsed by their country's government and later

approved by JICA³. After this procedure, screening will be conducted at the university. Please note that JICA conducts its screening based on the Application Form submitted to JICA, whereas each university conducts its own screening based on the application documents required by the university.

Please kindly note that the university may reject the candidate's application when the required documents, or the submitted research plan is not accepted.

Candidates must follow each university's application procedure. If the candidates withdraw their applications after officially applying to the university, they must inform the university of their withdrawal by letter.

(4) Points to be Noted regarding Procedures

The fee for English proficiency test can be reimbursed by JICA only once when the general entrance examinations are taken. Details of the reimbursement vary by each area and should be consulted with the nearest JICA overseas office of each candidate.

JICA shall determine whether the candidate is eligible to participate in training in Japan. JICA shall make a decision on acceptance or rejection based on several factors such as entrance examination results, planned number of participants, medical examination results and others. The reason for the decision will not be disclosed.

³ The Government of Japan will examine candidates who belong to the military or other military-related organizations and/or who are enlisted in the military, taking into consideration of their duties, positions in the organization and other relevant information in a comprehensive manner to be consistent with the Development Cooperation Charter of Japan.

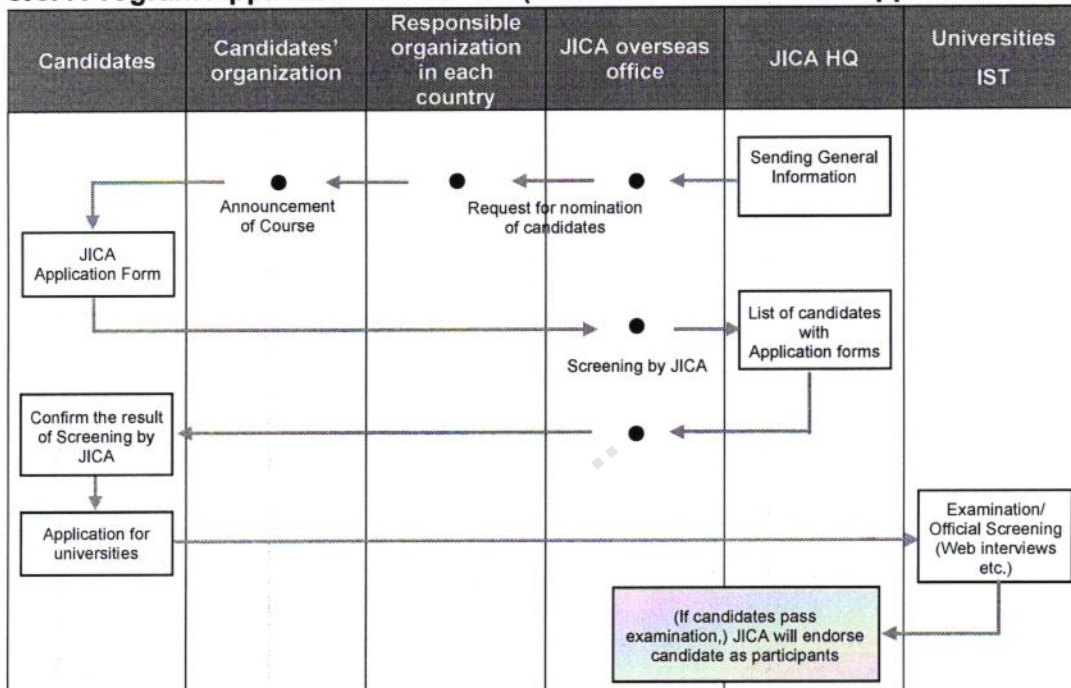
10. Schedule

The schedule is subject to change. For the schedule related to the IST, please visit:
[Graduate programs | Science Tokyo Prospective students](#)

※Enrollment schedule of the April 2027's admission will be posted around the end of July, 2026.

Universities Without Pre-Application Matching Process	
Date	Process
By the end of September, 2026	Nomination of candidates in respective organizations
	Selection of candidates by responsible organization in Pakistan
	"Application Documents" must be submitted to JICA overseas office in charge of the country of candidates. Please refer to Appendix 2 and Graduate programs Science Tokyo Prospective students
	Screening by JICA Pakistan office
October, 2026	IST's application procedure Online Application Period: Candidates register directly for the Online Application Website. Documents Submission Period: The documents MUST arrive at IST during the period. Candidates submit the documents to JICA overseas Office. JICA overseas Office send the documents to HQ and HQ will send it to IST.
November, 2026	Interview (in Person or via ZOOM)
December, 2026	Announcement of Successful Applicants: Arrival of results of general entrance examination from IST to candidates and JICA
December-January, 2027	Determination by JICA as KCCP (Long-term) participants
January- February, 2027	Preparation for study in Japan if candidates are determined as KCCP (Long-term) participants.
March, 2027	Orientation by JICA overseas office before departure
	Arrival in Japan
	Orientation by JICA Domestic Offices
	Beginning of <i>the April 2027 Term</i> at IST

JICA Program Application Flowchart (In Case of without Pre- Application Matching)



*Schedule and program contents might be adjusted appropriately due to unforeseen circumstances.

11. Expenses To Be Borne By JICA

Under the JICA Long-term Trainee Allowance standards, JICA will cover expenses and provide allowances to participants accepted to the program/course. See the table below for further details. Note that the payments (e.g., for tuition, research support expenses, school support expenses) will not be paid to the accepted participants themselves, but directly to the university or other relevant institutions.

Expense category	Payment amount	Payment frequency
Tuition (examination fees, entrance fees, course fees)	Actual costs	According to the request from universities
Living Allowance	JPY 147,000 per month*	Every month via university
Airfare	Actual costs	Upon arrival in Japan and upon returning home
Outfit Allowance**	JPY100,000	Once (upon arrival in Japan)
Moving Allowance***	Up to JPY224,000	Once (during the training period)**
Research Support Expenses****	Actual costs (up to JPY360,000 per year)	
Medical care for participants who become ill after arriving in Japan (the costs related to pre-existing illness, pregnancy, or dental treatment are NOT included).	In accordance with the provisions of the medical insurance	

*Varies according to living area in Japan, type of accommodation, etc.

**Once, after opening bank account in Japan. As it takes several weeks to have the bank account opened, it is strongly recommended to bring cash for personal expenses during the period.

***Depending on the accommodation facility. Consultation with the university is required.

****Research Support Expenses are allowed to be provided via the university and be disbursed with the consultation and approval of the candidate's supervisor.

12. Expenses NOT To Be Borne By JICA

JICA will not bear costs other than the allowances described above. JICA is not responsible for the following expenses:

- (1) Passport fees (for re-issuance and extensions, etc.)
- (2) Visa fees of a transit country and transportation expenses to obtain Visa
- (3) Transportation expenses to obtain Japanese Visa
- (4) Domestic travel expenses at the candidate's home country
- (5) Departure tax
- (6) Airport tax/airport facility charges outside of Japan, including third countries
- (7) Customs duty
- (8) Excess baggage charges
- (9) Compensation for lost and/or damaged baggage
- (10) "No show charge" to the transit airport hotel (non-refundable)
- (11) Lost - ticket fee
- (12) Accommodation fee for day-use hotel in return flight
- (13) Transportation expenses other than official programs
- (14) Telephone bill or mini-bar tab at accommodation
- (15) Medical costs related to pre-existing illness, pregnancy, or dental treatment
- (16) Medical cost related to the same illness over 180days
- (17) National Health Insurance fee

Note: If participant does not follow the regulation of JICA, the participant may have to bear such other costs of necessary expenses.

13. Conditions for Participation

The candidates/participants of KCCP are required

- (1) to understand that participants must physically come to Japan to participate in this program at the date designated by JICA,
- (2) not to change the air ticket (and flight class and flight schedule arranged by JICA) and lodging by the participants on their own,
- (3) not to change course subjects or extend the course period,
- (4) to understand that inviting participant's family members is not recommended before their stay in Japan has passed more than 6 months,
- (5) to return to their home country on the designated flight by JICA, when they finish the program/course or when it is deemed impossible to finish the program within the program period, or when the participant is not successful on the regular course examination, (Please note that participants prepare by yourself all the documents necessary for the regular course examination.)
- (6) to carry out such instructions and abide by such conditions as may be stipulated by both the nominating Government and the Japanese Government in respect of the course,
- (7) to enroll and complete JICA-DSP online courses, when participants receive JICA's instructions to do so.
- (8) to observe the rules and regulations of the program implementing partners to provide the program or establishments, ("Plagiarism" especially is taken severely by enrolling university, regardless of whether it is direct plagiarism or self-plagiarism and participants may be subjected to disciplinary action such as suspension),
- (9) not to engage in political activities, or any form of employment for profit,
- (10) to agree to be discontinued of the program, should the participant (a)violate Japanese laws, JICA's regulations, or University's regulations, (b)commit illegal or any type of immoral conduct including sexual harassment, (c)become critically ill or seriously injured after arrival in Japan.
- (11) to be responsible for paying any cost for treatment of the said health conditions except for the medical care expenses described in the table of "11. Expenses To be borne by JICA" ,
- (12) to return the total amount or a part of the expenditure for KCCP depending on the severity of such violation, should the participants violate the laws and ordinances,
- (13) not to drive a car or motorbike in Japan, regardless of an international driving license possessed,
- (14) to observe the rules and regulations at the place of the participants' accommodation,
- (15) to refund allowances or other benefits paid by JICA in the case of a change in schedule,
- (16) to accept that the Government of Japan will examine candidates who belong to the military or other military-related organizations and/or who are enlisted in the military, taking into consideration of their duties, positions in the organization and other relevant

information in a comprehensive manner to be consistent with the Development Cooperation Charter of Japan,

- (17) to submit a Health Certificate with Medical History in JICA format to JICA office of your country at the candidate's expense, no later than October 31, 2026. The date of Health Certificate should be on or after October 1, 2026. JICA will NOT reimburse the cost to the applicants.
- (18) to accept to submit a second Health Certificate in JICA format if deemed necessary by JICA. The cost of acquiring the Health Certificate will be borne by JICA unless it is required due to the candidate's fault.
- (19) to promptly resubmit your medical history, if there are changes in your health condition, such as pregnancy or a pre-existing disease,
- (20) to be in good health to participate in the program. In order to reduce the risk of worsening symptoms associated with respiratory tract infection, please be honest when consulting the doctor for your Health Certificate,
- (21) not to be receiving nor plan to receive other scholarships from Japanese government, such as Japan Student Service Organization (JASSO), Japan Society for the Promotion of Science (JSPS), Japan Science and Technology Agency (JST), The Japan Foundation (JF) during the program,
- (22) to understand not to make other applications for different JICA training courses at the same time,
- (23) to understand that the maximum duration of "Overseas research" and "Temporary Leave (leaving Japan for private purpose)" is 60 days, in principle.
- (24) to accept to take tuberculosis related inspections organized by JICA after arriving in Japan and to submit the results to JICA and university.
- (25) to approve the following conditions on summary of my thesis;
 - 1) Summary of the thesis shall be kept at JICA.
 - 2) Summary of the thesis can be read by anyone who made a request to JICA.
 - 3) Summary of the thesis can be used for publication by JICA or JICA website.
 - 4) Taking Photocopy of the thesis shall be allowed by anyone with JICA's permission.
- (26) to acknowledge that a leave of absence from school is not permitted in principle,
- (27) to understand that the maximum duration of research student is 6 months, and duration of acceptance as a regular student is based on the course years determined by the university,
- (28) to indicate all educational background, including currently enrolled university, if any,
- (29) to understand that the use of Generative AI such as Chat GPT to create Application Forms including Research Plans, and your research papers may not be acceptable and may result in rejection of your application or termination of training if discovered, according to each University policy.



CORRESPONDENCE

For enquiries and further information, please contact your nearest JICA office.

Appendix 2 for Institute of Science Tokyo (東京科学大学)

	Form	Note	Deadline
Documents to be submitted: Application Documents for JICA			
a	Application Form for the Knowledge Co Creation Program for Long Term Participants (JICA Development Studies Program)	Appendix 1	<p>By the end of September, 2026</p> <p>※Please email HQ only the data and do NOT submit hard copies. ※Please do NOT submit the documents (a~f) to IST.</p>
b	Graduation certificate	Officially certified copies of the original. Written in English or accompanied with official translation. *Note, that although the guideline states that a "Certificate of graduation or diploma" may be accepted, applicants are strongly encouraged to obtain and submit a Certificate of Graduation whenever possible.	
c	Academic transcript	Must contain all the grades earned at the university attended by the candidate. Officially certified copies of the original transcript. Written in English or accompanied with official translation in English.	
d	A copy of Passport or ID with photo	For checking nationality, name, sex, and date of birth.	
e	Two (2 ID photos (4cm × 3cm) pasted on application form (Original and copy)		
f	Health certificate	If the candidate passes the university entrance examination, a Health Certificate must be submitted with Medical History in JICA format to JICA office of your country at the applicants' expense, no later than April 30 2026. The date of Health Certificate should be on or after April 1 2026. Without the certificate, admission may become rejected. JICA will NOT reimburse the cost to the applicants.	
Documents to be submitted: Application Documents for Institute of Science Tokyo (IST) (Online application)			
https://e-apply.jp/ds/tmdu-gs/			
1	Application form *	Form 1	<p>Online Application Registration Period and Documents Submission Period: October 2026</p> <p>※Please kindly refer to the latest schedule.</p> <p>※Please submit hard copies directly to IST and share the data and tracking numbers with HQ.</p>
2	Photo ID file		
3	Statement of Purpose and Objectives	Form 2	
4	Recommendation Letters in Japanese or English *, (*1)(*2)		
5	Academic transcript *, (*1)(*2)		
6	Certificate of completion or graduation*, (*1)(*2)		
7	Official record of English language proficiency (*2)	A photocopy of an official score report	
8	Regarding Entrance exam fee		
9	Official passport copy (*2)		
10	Residence card or entry visa (*2)		
11	Documentary proof of surname change		
<p>IMPORTANT NOTICES REGARDING SUBMISSION OF DOCUMENTS:</p> <p>- Documents marked with *(orange color cell) are required to be sent by registered express mail or courier.</p> <p>- The copies of the documents marked with (*1) will NOT be accepted. Only originals must be sent. After application registered, the original can be returned to the candidate if necessary. <u>Please put a note if they should be returned.</u> These documents will be sent to the address registered at the time of application.</p> <p>(Only when the documents marked (*1) cannot be reissued, those of certified copies are acceptable as well.)</p> <p>- Documents marked with (*2) must be uploaded as as PDF files (A4 sized colored scanned data) on the Online Application Website.</p> <p>1) Application documents, once submitted, will not be returned for any reason.</p> <p>2) All documents should be typed in English on paper of the same size (preferably A4).</p> <p>3) If any of the above documents (1-11) are written in a language other than Japanese or English, English translations of each must be attached.</p> <p>4) Soft copies (electronic data) of the application documents and the shipment tracking number (for hard copies) shall be submitted to JICA HQ, which will forward them to the Institute of Science Tokyo by email.</p> <p>5) Hard copies (including originals) shall be sent directly from the JICA overseas office to the Institute of Science Tokyo within the designated deadline.</p>			